

# Working with Diversity in Gender and Identity Expression.

A one-day workshop for health professionals and support workers.

This seminar aims to enhance counselling practitioner's knowledge, sensitivity and awareness for working with transgender people. Some of the topics covered will be; awareness of language when referring to trans people, scales of sex and gender, the current DSM gender dysphoria diagnosis, referral requirements for treatment and the World Professional Association for Transgender Health standards. Specifically, this training addresses background information, terms & definitions, diagnosis criteria, the prevalence of gender diversity & aspects of assessment. This training also includes the different approaches required depending on the age of the client and the various treatment options available to each including the necessary referrals where indicated. Through teaching, videos and, individual and group activities participants will explore influences on gender and identity, the challenges trans people face and the impact of society on gender identity development and expression.

This workshop is designed to provide a necessary basis for understanding the diversified and unique needs of the trans community and seeks to improve practitioners' personal awareness regarding gender and identity and develop skills and competencies for working with trans youth and adults.

Learning objectives of this workshop:

1. Developing sensitivity regarding the terms and language used by and with people presenting with diversity in gender identity and/or expression.
2. Recognising diversity in gender identity & expression and respond appropriately.
3. Identifying the needs of trans clients
4. Addressing the challenges and pressures trans people face.
5. Understanding the demands on practitioners working with trans people.
6. Being aware of the different approaches required for children, adolescents & adults.



**Dr Elizabeth Anne Riley** is a Sydney-based counsellor and clinical supervisor specialising in gender identity. Elizabeth has a Bachelor's Degree in Science, a Graduate Diploma and Masters, in Counselling and a PhD titled 'The needs of gender variant children and their parents'. Elizabeth provides gender specific support and counselling for children, youth & their parents. Elizabeth delivers professional development in gender diversity for schools, clinicians and other service providers and has many publications in the area of gender identity with another three book chapters in press. She has published and presented papers and workshops, both locally and internationally, in the areas of Gender Identity, Sexuality, Ethics & Supervision. Elizabeth is a media spokesperson on behalf of the transgender community and appears regularly in the media. Appearances include SBS World News, 60 Minutes, Insight, The Project, A Current Affair & Heads Up. Elizabeth is a Clinical registrant of Psychotherapy and Counselling Federation of Australia (PACFA), and a professional clinical member of the Australian and World Professional Associations for Transgender Health (ANZPATH & WPATH). Elizabeth was the Ethics Chair for PACFA from 2013 – 2016.

**SYDNEY: 19<sup>th</sup> October 2017** | UTS FUNCTION ROOMS 235 Jones St, Ultimo NSW 2007



**endorsed** ACA: Members can accrue 14 CPD points



**endorsed** ACWA: Members can accrue 7 CPD hours



**endorsed** AASW: Members can accrue 7 CPD hours.

**PACFA:** Members can accrue 7 CPD hours

**APS:** Activities do not need to be endorsed by APS. Members can accrue 7 hours

**Morning Session**  
9:00am- 12:40pm

Definitions & terms  
Scales of Sex & gender  
DSM & Gender Dysphoria  
Prevalence of gender diversity  
Needs of different client groups

**Afternoon Session**  
1:30pm-4:30pm

Challenges trans people face  
Variety of presentations  
Aspects of assessment  
Treatment options  
Referrals  
Case studies  
Evaluation and closing

***“Learn how to work effectively when clients express their needs regarding diversity in gender identity and/or expression.”***

Dr Elizabeth Anne Riley

**How will you benefit from attending this training?**

- Know how to respond to clients with diversity in gender identity and/or expression.
- Understand the suitability of various approaches for an array of clients.
- Have an awareness of the demands on professionals who work with the trans community.

**Register now at [www.PDPseminars.com.au](http://www.PDPseminars.com.au)**

Standard: **\$334**

Early bird: **\$264** (ends 30 days prior to event)

Students and New Graduates: **HALF PRICE (apply).**

This seminar provides 7 hours for CPD points.

Morning tea, lunch and afternoon tea included.

We accept payment by Visa, MasterCard, Amex PayPal, cheque and EFT.

**This training workshop is suitable for counsellors, psychotherapists, social workers, psychologists, psychiatrists, mental health nurses, case workers and support workers.**

**Feedback from Elizabeth’s most recent presentation of this training:**

*“Really looking forward to getting the links to the fabulous resources mentioned. Elizabeth is a superb adult educator!”*

*“It was a fabulous presentation and Elizabeth was a delight to have as a presenter.”*

*“Wonderful day of learning. Thank you.”*

*“This professional development was excellent! I had been look for a professional development on Gender for a while and today’s workshop was very informative. I now have a better understanding and will follow up the links to recommended resources. Thank you!”*

*“Paced really well. Opened interesting discussion. Impressed three early childhood staff that attended. Offered opportunity to share their student early intervention / prevention.”*

*“Thanks very much Elizabeth. Really Fantastic.”*

*“Dr Riley is an outstanding practitioner and presenter. This seminar expanded my knowledge and empathy. Thank you.”*

*“Fantastic training! Excellent mix of live experiences and best practice work with clients, their families and other professionals.”*

*“Very informative presentation, with practical applicable aspects! Thank you.”*

*“Excellent presentation.”*

*“Great, engaging presenter. Very knowledgeable and generous with resources.”*

*“Really helpful to current situation. Very eye opening and enjoyable to listen to. Thankful for all the help received from everyone.”*

*“Very helpful. Lots of reading to take back and share knowledge with colleague. Thank you Dr Riley.”*

*“Dr Riley was very helpful! Brainstorming solutions to issues, assisting with our practices.”*